

Cross Country Ski Sprint Provincial Championships

Manitoba Cup #1 Sunday, December 13, 2009

Hosted by:

Whiteshell Cross Country Ski Club

Pinawa Club, Willis Drive, Pinawa, Manitoba

Pre-registration only at www.zone4.ca

Pre-registration closes on Thursday, December 10, 2009 at midnight.

Late registrations will not be accepted.

Entry Fees

\$12.50 – Midget and younger (born 1996 and later)

\$25.00 – Juvenile and older (born 1995 and earlier)

Race Format

Free Technique

Race Day Schedule

9:30 am: Information Session and Bib Handout

10:00 am: Time Trial Begins

12:00 am: Sprint Heats

For information, visit:

www.ccski.mb.ca

www.whiteshellskiclub.com

Cash and Draw Prizes



Photos by Marcel Druwe