

Whiteshell Cross Country Ski Club

Schedule of Events

(Version 06-02-10)

Below is listed the general outline for each day of competition. Please note there **there is no pre-race meeting for competitors - this information is being distributed the night before at the team captains' meetings to be held at the Wilderness Edge Center.**

February 11, 2010

10:00 Course opens for official training.
17:00 Course closed for grooming.
19:00 Team captains' meeting for sprint event at the Wilderness Edge Center.

Triple Event Sprints

February 12, 2010

8:00 Check-in and registration tables open for all categories.
8:30 Course setup complete - course open.
9:30 Registration closes.
9:45 Course is now closed to skiers until qualifier start.
10:00 Qualifying interval starts begin. Starts are every 15 seconds, beginning with the oldest age class and descending.
10:30 (approx) 1000m course closes. 500M course opens.
11:00 (approx) 500m course closes. 150M course opens.
11:15 Qualifying finishes. Course closed.
11:30 (approx) Qualifying results posted on results boards..
11:45 Bib distribution for heats begins.
12:15 Bib distribution for heats ends.
12:30 Course reopens.
Heats begin, starting with the youngest age category. Heats alternate between male and female competitors. Awards to be given out after each A final.
13:00 (approx) Youngest categories finish their heats. 150M course closed, and 500m course opens.
13:05 (approx) 500m heats start.
13:45 (approx) 500m heats finish. 500M course closed and 1000m opens.
13:50 (approx) 1000m heats start.
15:30 (approx) 1000m heats finish. Course closed.
19:00 Team captains' meeting for classic distance event at the Wilderness Edge Center.

Triple Event Classic

February 13, 2010

8:00 Check-in and registration tables open for all categories.
9:30 Registration closes.
10:00 Atoms and then Peewee interval starts begin.
10:30 (approx) The last Atom/Peewee skier finishes. 750m course closes. 1.2km course opens.

Triple Event Classic (cont'd)

February 13, 2010

10:45 (approx)	Mini-Midget interval starts begin.
11:20 (approx)	The last Mini-Midget skier finishes. 1.2km course closes.
12:00	2.5k course opens. Midget interval starts begin.
12:35 (approx)	The last midget skier finishes. 2.5km course closes. 6km loop opens.
12:45	Juvenile interval starts begin. Older age categories are called up sequentially as needed.
15:30	Last skier finishes. Course closes. Awards handed out for all categories other than the open class.
17:00	Team captains' meeting for free technique distance event at the Wilderness Edge Center (if captains agree that this meeting is unnecessary, it may be canceled). First sitting of banquet begins - guests of Wilderness Edge only.
18:00	Second sitting of banquet begins.
19:00	Speech/awards/prizes portion of banquet begins at the Community Center. Open class awards to be handed out at this time.

Triple Event Free Technique

February 14, 2010

8:00	Check-in and registration tables open for all categories.
9:30	Registration closes.
10:00	Atoms and then Peewee interval starts begin.
10:30 (approx)	The last Atom/Peewee skier finishes. 750m course closes. 1.2km course opens.
10:45 (approx)	Mini-Midget interval starts begin.
11:20 (approx)	The last Mini-Midget skier finishes. 1.2km course closes..
12:00	2.5km course opens. Midget interval starts begin.
12:45 (approx)	The last midget skier finishes. 2.5km course closes. 6km loop opens.
12:25	Juvenile interval starts begin. Older age categories are called up sequentially as needed.
15:30	Last skier finishes. Course closes. Awards ceremonies begin.