

CAPITAL  MARKETS

HAYWOOD

Teck



RACE NOTICE

WHITESHELL & RED RIVER NORDIC SKI CLUBS PRESENT A TRIPLE EVENT

Western Canadian Championships Haywood Canada Cup Manitoba Provincial Championships

Friday February 12th to Sunday February 14th, 2010
Pinawa, MB

Host Club:

Whiteshell Cross Country Ski Club
Box 438, Pinawa, MB, R0E 1L0

Website: www.whiteshellskiclub.com

Co- Hosted: [Red River Nordic Ski and Biathlon Club](#)

Whiteshell Cross Country Ski Club also hosted the Western Championships in 1987 - the last time they were held in Manitoba.

Race Venue:

Pinawa Club, Willis Dr
Pinawa, MB

[Click here for Map](#)

Host Committee:

Event Chair: Peter Vilks
Chief of Competition: Paul Chambers
Chief of Course: Romeo Bernardin
Chief of Stadium: Carol Randall

Chief of Timekeeping: Susan Appleyard

Chief of Venue: Lorne Schram

Competition Secretary: Larry Paetkau

Chief of Competition Security: Tom Hilliard

Hospitality and Awards: Elaine Greenfield

Finance: Alf Wikjord

Sanctioning:

Cross Country Canada

Cross Country Ski Association of Manitoba

Race Office:

westerns2010@gmail.com

Tel: 204-753-8348 (during non-race hours)

204-753-2760 (during race hours)

204-802-1267 (mobile)

The race office will be located at the Pinawa Club and will be open on all days of competition between the hours of 8:00 a.m. and 5:00 p.m.

Format and Start Times:

Thursday , February 11th

Course opens for official training at 10:00 a.m.

Friday, February 12th

Race Format: Individual Sprints, Free Technique

Start Time: 10:00 a.m. (Qualifying)

12:00 p.m. (Heats)

Saturday, February 13th

Race Format: Interval Start, Classic Technique

Start Time: 10:00 a.m.

Sunday, February 14th

Race Format: Interval Start, Free Technique

Start Time: 10:00 a.m.

Rules:

CCC Rules and Regulations.

Competition Jury:

Paul Chambers – Chief of Competition

John Guthrie – Technical Delegate

Ursula Wehner – Assistant TD

Eligibility and Licenses:

All races are open to competitors holding a valid 2010 CCC racing license or a CCC supporting member day license. Those without a racing license must apply for a day license when registering for their event(s) through Zone 4.

Only CCSAM-registered club members will be eligible for the Manitoba Provincial Championship medals (Manitoba Provincial Championship races are to be run concurrently with the Canada Cup races).

Manitoba Provincial Championship Finals:

The classic race on Saturday February 13th and the free technique race on Sunday February 14th are Provincial Championship races, and are also races 3 and 4 in the Manitoba Cup series.

Waivers:

All competitors without a CCC license must agree to the waiver conditions on the online registration form before their registration will be approved.

Competitors without a CCC license who are under the age of 19 must have their parent or legal

guardian agree to the waiver conditions on the online registration form before their registration will be accepted.

Race Entry Fees:

Each day of racing is separately priced and must be individually selected on the online registration form. The entry fee for Atoms and Peewees is \$12.50 per race, and \$20 for Mini Midgets and Midgets. The entry fee for all other categories is \$30 per race.

Registration:

Registration for this event is **online only**. To register online look the 2010 Western Championships event on the [Zone 4](#) website. Registration will open at the end of November. Payment online must be made at the time of registration with either VISA or Mastercard, and is non-refundable. Registration will close on Sunday, February 7th at midnight.

If you experience any difficulties registering, please contact the Chief of Competition at westerns2010@gmail.com.

Coaches' Meetings:

All coaches meetings will be held at the Wilderness Edge Retreat and Conference Center:

Thursday, February 11th: 7:00 p.m.

Friday, February 12th: 7:00 p.m.

Saturday, February 13th: 5:00 p.m. (Prior to Banquet)

Seeding:

Competitors holding CCC racing licenses will receive priority seeding in the race draws based on their standing in the Canada Points Lists (CPL).

Points:

Race results will be forwarded to the CCC National Office for entry into the CPL.

Western Canadian Championship Points:

Divisions eligible to compete in the WCC are Yukon, NWT, British Columbia, Alberta, Saskatchewan and Manitoba.

Categories eligible to earn WCC points range from Midget to Seniors. The Host Division can count points for as many skiers as the largest visiting Division. The Canada Cup points system will be used for scoring in all 3 races.

Bib Pick-Up:

Bibs can be picked up each morning for that days' race between the hours of 8:00 a.m. and 9:00 a.m. at the race office at the Pinawa Club.

Age Categories:

(age as of Dec 31, 2010)

| Category | Age Limit | Year of Birth |
|--------------------|-----------|------------------|
| Atoms | 8 & Under | 2002 or later |
| Peeweess | 9 - 10 | 2000 - 2001 |
| Mini-Midgets | 11 - 12 | 1998 - 1999 |
| Midgets | 13 - 14 | 1996 - 1997 |
| Juvenile | 15 - 16 | 1994 - 1995 |
| Jr Boys/Girls | 17 - 18 | 1992 - 1993 |
| Jr Men/Women | 19 - 20 | 1990 - 1991* |
| Sr Men/Women | 21 - 30 | 1980 - 1989* |
| Masters I & II | 31 - 40 | 1970 - 1979* |
| Masters III & IV | 41 - 50 | 1960 - 1969* |
| Masters V & VI | 51 - 60 | 1950 - 1959* |
| Masters VII & VIII | 61 - 70 | 1940 - 1949* |
| Masters IX + | 71 | 1939 or earlier* |

*Category is included in the Open Class

Race Distances:

Friday February 12th, Teck Sprints Free Technique

| Category | Distance (m) |
|---------------|--------------|
| Atoms | 150 |
| Peewee | 150 |
| Mini-Midgets | 150 |
| Midget | 500 |
| Juvenile | 500 |
| Jr Boys/Girls | 1000 |
| Jr Men/Women | 1000 |
| Sr Men/Women | 1000 |
| Masters | 1000 |

Saturday February 13th, Haywood Canada Cup/MB Cup #3 Classic. Individual Start

| Category | Distance (km) |
|---------------|---------------|
| Atoms | 0.75 |
| Peewee | 0.75 |
| Mini-Midgets | 1.2 |
| Midget | 2.5 |
| Juvenile | 6 |
| Jr Boys/Girls | 12 |
| Jr Men/Women | 18 |
| Sr Men/Women | 18 |
| Masters | 18 |

Sunday February 14th, Haywood Canada Cup/MB Cup #4 Free Technique, Individual Start

| Category | Distance (km) |
|---------------|---------------|
| Atoms | 0.75 |
| Peewee | 0.75 |
| Mini-Midgets | 1.2 |
| Midget | 2.5 |
| Juvenile | 6 |
| Jr Boys/Girls | 6 |
| Jr Men/Women | 12 |
| Sr Men/Women | 12 |
| Masters | 12 |

Waxing Areas:

Heated tents will be provided outside the Pinawa Club. A wax testing area will be adjacent to the waxing tents. Waxing facilities will be available close to the Wilderness Edge for those interested in waxing in the evenings.

Awards and Prizes:

Medals will be awarded to the top 3 male and female finishers in each age category, as well as the top 3 male and female finishers in the open class. On Friday and Sunday, awards presentations will be made at the Pinawa Club following the races. Awards on Saturday will be presented after the banquet. Provincial Championship medals will be awarded to

the top 3 Manitoba finishers in each category after each day's race.

Cash prizes will be awarded to Open Class Canada Cup racers following each days' races. Cash amounts will be equal for male and female categories and will break down as follows:

- 1st Place: \$250
- 2nd Place: \$175
- 3rd Place: \$100
- 4th Place: \$75
- 5th Place: \$50

[Olympia Cycle and Ski](#) will award merchandise prizes .

Concession:

Food will be available for all competitors and spectators at the Pinawa Club. Vegetarian meal options will be available. Breakfast and dinner are included if you book your accommodations at the Wilderness Edge Retreat and Conference Center. Alternate dining options are also available in the town of Pinawa and in the neighbouring towns of Lac du Bonnet and Seven Sisters.

Banquet:

A banquet will be held on Saturday evening at the Wilderness Edge Center. The cost of the banquet is included if you have booked accommodations at the Wilderness Edge, or \$20 if your accommodations are elsewhere. Regardless of where you stay, you must indicate upon registering how many banquet tickets you would like. Note that seating at the banquet is limited , and tickets are available on a first-come-first-serve basis.

Accommodation:

The ideal choice for accommodation is the Wilderness Edge Retreat and Conference Center. Aside from being the main location for accommodation, it is also where the coaches' meetings and banquet will take place. It is approximately 5 minutes' walk from the Pinawa Club (race venue). An all-inclusive meal and lodging package is available for those attending the event and can be accessed by clicking [here](#). A separate booking (for rooms only – meals are not available for single bookings) must be made with the Wilderness Edge for dates outside of those available through the link above. If you are arriving

in Winnipeg on Wednesday evening, it is suggested that you find accomodations there for the evening. More information on lodging can be obtained by sending a request to westerns2010@gmail.com.

Participants who require smoking and/or pet-friendly accommodations can find lodging at the Pinawa Motor Inn, which is approximately 7 minutes' walk from the Pinawa Club and 2 minutes' walk from the Wilderness Edge Center. Other lodging is available in the nearby community of Lac du Bonnet, which is approximately a 25 minute drive from Pinawa.

[Wilderness Edge Retreat and Conference Center](#)

Pinawa, MB
info@wildernessedge.com
Toll free: 877-753-2535
Tel: 204-753-2535

[Pinawa Motor Inn](#)
Pinawa, MB
Tel: 204-753-2999

[Glenn Howard Inn](#)
Lac du Bonnet, MB
Tel: 204-345-9000

For other accommodation options, please contact westerns2010@gmail.com.

Transportation:

The nearest major airport is located in Winnipeg, MB and is about a 75 minute drive from Pinawa. Rental vehicles can be acquired at the airport. Click here for [driving directions](#).

For assistance upon your arrival in Winnipeg, please contact Larry Paetkau at 204-802-1267.